

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 17:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lejeune Yves HEADCOACH

Coaches: Lejeune Melanie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 18:06
Heat: 3/6 Lane : 5 Athlete: MASAITE MILDA			Q-time: 00:38:05
PB (25m pool): 00:38.05 Temse 17/11/2025			PB (50m pool): 00:47.39 SB: 00:38.05 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:38.05	
		00:38.05	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 18:10
Heat: 6/6 Lane : 3 Athlete: EL MARGOUM INES			Q-time: 00:30:45
PB (25m pool): 00:30.45 ARRAS 29/12/2025			PB (50m pool): 00:31.29 SB: 00:30.45 ARRAS 29/12/2025
	2 5 M	5 0 M	
PB		00:30.45	
		00:30.45	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 18:10
Heat: 6/6 Lane : 5 Athlete: VEDERNIKOVA VERA			Q-time: 00:30:00
PB (25m pool): 00:30.00 Leuven 12/10/2025			PB (50m pool): 00:30.32 SB: 00:30.00 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:30.00	
		00:30.00	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 18:10
Heat: 6/6 Lane : 8 Athlete: BUDNAK CAROLINA			Q-time: 00:33:13
PB (25m pool): 00:32.76 Zwembad De Wauwer 07/01/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:32.76	
		00:32.76	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 18:18
Heat: 6/8 Lane : 3 Athlete: MASAITIS MANTAS			Q-time: 00:32:81
PB (25m pool): 00:32.81 Dilbeek 28/09/2025			PB (50m pool): no time SB: 00:32.81 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:32.81	
		00:32.81	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 18:18
Heat: 6/8 Lane : 7 Athlete: WAUTERS SACHA			Q-time: 00:33:60
PB (25m pool): 00:33.60 Dilbeek 28/09/2025			PB (50m pool): 00:32.21 SB: 00:33.60 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:33.60	
		00:33.60	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 18:19
Heat: 7/8 Lane : 1 Athlete: BEUSELINCK LIAM			Q-time: 00:31:98
PB (25m pool): 00:32.36 Temse 17/11/2025			PB (50m pool): 00:31.31 SB: 00:32.36 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:32.36	
		00:32.36	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:7, starttime: 18:19
Heat: 7/8 Lane : 4 Athlete: GENIN ALEXANDRE				Q-time: 00:29:02
PB (25m pool): 00:29.02 Kapelle-op-den-Bos 21/04/2025				PB (50m pool): 00:29.13 SB: no time
	2 5 M	5 0 M		
PB		00:29.02		
	00:29.02			
				

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:8, starttime: 18:20
Heat: 8/8 Lane : 6 Athlete: VAN SINTEJAN ROMAIN				Q-time: 00:26:84
PB (25m pool): 00:26.84 Mons 26/10/2025				PB (50m pool): 00:26.77 SB: 00:26.84 Mons 26/10/2025
	2 5 M	5 0 M		
PB		00:26.84		
	00:26.84			
				

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:8, starttime: 18:20
Heat: 8/8 Lane : 8 Athlete: LASCARACHE CHRISTIAN				Q-time: 00:28:90
PB (25m pool): 00:28.90 ARRAS 29/12/2025				PB (50m pool): 00:29.39 SB: 00:28.90 ARRAS 29/12/2025
	2 5 M	5 0 M		
PB		00:28.90		
	00:28.90			
				

Coach feedback:

Event number: 4: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 18:34
Heat: 2/2 Lane : 3 Athlete: WAUTERS NATHAN					Q-time: 01:35:23
PB (25m pool): 01:35.23 Vilvoorde 01/03/2026					PB (50m pool): 01:40.86 SB: 01:35.23 Vilvoorde 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.27		01:35.23	
	00:45.27		00:49.96		
					

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 18:37
Heat: 1/7 Lane : 4 Athlete: BUDNAK CAROLINA			Q-time: 99:99:99
PB (25m pool): 00:36.16 Zwembad De Wauwer 07/01/2024 PB (50m pool): 00:48.78 SB: no time			
	2 5 M	5 0 M	
PB		00:36.16	
		00:36.16	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 18:48
Heat: 7/7 Lane : 1 Athlete: EL MARGOUM INES			Q-time: 00:34:40
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 18:48
Heat: 7/7 Lane : 3 Athlete: VEDERNIKOVA VERA			Q-time: 00:33:20
PB (25m pool): 00:33.20 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:33.20	
		00:33.20	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 18:48
Heat: 7/7 Lane : 8 Athlete: MASAITE MILDA			Q-time: 00:35:45
PB (25m pool): 00:35.45 ARRAS 29/12/2025 PB (50m pool): 00:36.55 SB: 00:35.45 ARRAS 29/12/2025			
	2 5 M	5 0 M	
PB		00:35.45	
		00:35.45	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:49
Heat: 1/8 Lane : 6 Athlete: WAUTERS SACHA			Q-time: 99:99:99
PB (25m pool): PB (50m pool): 00:42.91 SB: no time			
	2 5 M	5 0 M	
PB			
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:49
Heat: 1/8 Lane : 7 Athlete: GENIN ALEXANDRE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 18:56
Heat: 5/8 Lane : 8 Athlete: BEUSELINCK LIAM			Q-time: 00:39:39
PB (25m pool): 00:39.39 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:39.39	
		00:39.39	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 19:00
Heat: 7/8 Lane : 7 Athlete: MASAITIS MANTAS			Q-time: 00:34:27
PB (25m pool): 00:34.27 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:34.27	
		00:34.27	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 19:01
Heat: 8/8 Lane : 2 Athlete: VAN SINTEJAN ROMAIN			Q-time: 00:31:59
PB (25m pool): 00:30.10 LEUVEN 24/11/2024			PB (50m pool): 00:31.59 SB: no time
	2 5 M	5 0 M	
PB		00:30.10	
		00:30.10	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 19:01
Heat: 8/8 Lane : 3 Athlete: LASCARACHE CHRISTIAN			Q-time: 00:30:63
PB (25m pool): 00:30.63 Leuven 12/10/2025			PB (50m pool): no time SB: 00:30.63 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:30.63	
		00:30.63	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 19:26
Heat: 1/7 Lane : 3 Athlete: VEDERNIKOVA VERA			Q-time: 99:99:99
PB (25m pool): 00:38.08 Diksmuide 17/11/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.08	
		00:38.08	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 19:33
Heat: 6/7 Lane : 2 Athlete: MASAITE MILDA			Q-time: 00:41:77
PB (25m pool): 00:41.77 Leuven 12/10/2025			PB (50m pool): 00:46.73 SB: 00:41.77 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:41.77	
		00:41.77	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 19:33
Heat: 6/7 Lane : 6 Athlete: EL MARGOUM INES			Q-time: 00:41:64
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 19:34
Heat: 7/7 Lane : 4 Athlete: BUDNAK CAROLINA			Q-time: 00:34:04
PB (25m pool): 00:33.96 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:34.37 SB: 00:34.04 Gent 09/11/2025			
	2 5 M	5 0 M	
PB		00:33.96	
	00:33.96		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 19:36
Heat: 1/8 Lane : 6 Athlete: LASCARACHE CHRISTIAN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 19:36
Heat: 1/8 Lane : 7 Athlete: VAN SINTEJAN ROMAIN			Q-time: 99:99:99
PB (25m pool): 00:33.07 Diksmuide 17/11/2024 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:33.07	
	00:33.07		
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 19:37
Heat: 2/8 Lane : 1 Athlete: WAUTERS SACHA			Q-time: 99:99:99
PB (25m pool): 00:46.43 Zwembad De Wauwer 07/01/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:46.43	
		00:46.43	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 19:37
Heat: 2/8 Lane : 8 Athlete: BEUSELINCK LIAM			Q-time: 99:99:99
PB (25m pool): 00:47.93 Mons 25/11/2023			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:47.93	
		00:47.93	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 19:45
Heat: 8/8 Lane : 1 Athlete: MASAITIS MANTAS			Q-time: 00:34:88
PB (25m pool): 00:34.88 ARRAS 29/12/2025			PB (50m pool): 00:35.19 SB: 00:34.88 ARRAS 29/12/2025
	2 5 M	5 0 M	
PB		00:34.88	
		00:34.88	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 19:45
Heat: 8/8 Lane : 3 Athlete: GENIN ALEXANDRE			Q-time: 00:32:53
PB (25m pool): 00:32.81 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:33.17 SB: no time
	2 5 M	5 0 M	
PB		00:32.81	
		00:32.81	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 19:59
Heat: 2/2 Lane : 3 Athlete: WAUTERS NATHAN					Q-time: 01:23:74
PB (25m pool): 01:23.74 Tremelo 18/01/2026					PB (50m pool): no time SB: 01:23.74 Tremelo 18/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.30		01:23.74	
	00:40.30		00:43.44		
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+					Heat:7, starttime: 20:08
Heat: 7/7 Lane : 2 Athlete: EL MARGOUM INES					Q-time: 00:29:36
PB (25m pool): 00:29.36 ARRAS 29/12/2025					PB (50m pool): 00:29.82 SB: 00:29.36 ARRAS 29/12/2025
	2 5 M	5 0 M			
PB		00:29.36			
	00:29.36				
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+					Heat:7, starttime: 20:08
Heat: 7/7 Lane : 3 Athlete: VEDERNIKOVA VERA					Q-time: 00:27:95
PB (25m pool): 00:27.95 Leuven 12/10/2025					PB (50m pool): 00:28.22 SB: 00:27.95 Leuven 12/10/2025
	2 5 M	5 0 M			
PB		00:27.95			
	00:27.95				
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+					Heat:7, starttime: 20:08
Heat: 7/7 Lane : 7 Athlete: MASAITE MILDA					Q-time: 00:29:46
PB (25m pool): 00:29.46 Leuven 12/10/2025					PB (50m pool): 00:30.55 SB: 00:29.46 Leuven 12/10/2025
	2 5 M	5 0 M			
PB		00:29.46			
	00:29.46				
					

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 20:08
Heat: 7/7 Lane : 8 Athlete: BUDNAK CAROLINA			Q-time: 00:29:89
PB (25m pool): 00:29.04 Leuven 15/10/2023			PB (50m pool): 00:29.19 SB: no time
	2 5 M	5 0 M	
PB		00:29.04	
		00:29.04	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:4, starttime: 20:14
Heat: 4/8 Lane : 5 Athlete: BEUSELINCK LIAM			Q-time: 00:32:06
PB (25m pool): 00:33.13 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:32.06 SB: no time
	2 5 M	5 0 M	
PB		00:33.13	
		00:33.13	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:5, starttime: 20:15
Heat: 5/8 Lane : 4 Athlete: WAUTERS SACHA			Q-time: 00:30:10
PB (25m pool): 00:30.10 ARRAS 29/12/2025			PB (50m pool): 00:30.19 SB: 00:30.10 ARRAS 29/12/2025
	2 5 M	5 0 M	
PB		00:30.10	
		00:30.10	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:7, starttime: 20:17
Heat: 7/8 Lane : 7 Athlete: MASAITIS MANTAS			Q-time: 00:28:05
PB (25m pool): 00:28.05 Leuven 12/10/2025			PB (50m pool): 00:28.45 SB: 00:28.05 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:28.05	
		00:28.05	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 12: 50M FREESTYLE MEN 11+			Heat:8, starttime: 20:18
Heat: 8/8 Lane : 2 Athlete: LASCARACHE CHRISTIAN			Q-time: 00:25:74
PB (25m pool): 00:25.74 Mons 26/10/2025			PB (50m pool): 00:26.60 SB: 00:25.74 Mons 26/10/2025
	2 5 M	5 0 M	
PB		00:25.74	
		00:25.74	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:8, starttime: 20:18
Heat: 8/8 Lane : 6 Athlete: VAN SINTEJAN ROMAIN			Q-time: 00:25:27
PB (25m pool): 00:25.27 Mons 26/10/2025			PB (50m pool): 00:25.74 SB: 00:25.27 Mons 26/10/2025
	2 5 M	5 0 M	
PB		00:25.27	
		00:25.27	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:8, starttime: 20:18
Heat: 8/8 Lane : 7 Athlete: GENIN ALEXANDRE			Q-time: 00:25:79
PB (25m pool): 00:25.79 Vilvoorde 18/05/2025			PB (50m pool): 00:26.34 SB: 00:25.82 Mons 26/10/2025
	2 5 M	5 0 M	
PB		00:25.79	
		00:25.79	
			

Coach feedback: